Somatic Experiencing Research

Somatic Experiencing for Posttraumatic Stress Disorder: A Randomized Controlled Outcome Study  Danny Brom, Yaffa Stokar, Cathy Lawi, Vered Nuriel-Porat, Yuval Ziv, Karen Lerner, Gina Ross Herzog Paul Baerwald

Reintegrating Fragmentation of the Primitive Self: Discussion of “Somatic Experiencing”  Peter A. Levine, Ph.D., Abi Blakeslee SEP, MFT, Ph.D. & Joshua Sylvae , Ph.D.

Secondary Trauma in the Workplace: Tools for Awareness, Self-Care, and Organizational Response in Montana  Authors: Erin Clements, Colter Ellis, Kelly E. Knight, Richard McLane, Katharine Osterloth, Christina Powell, Anna Saverud, Alanna Sherstad, Amy Katherine Talcott, Kelsen Young With contributions by Dr. Floyd Fantelli, Dr. Abi Blakeslee, and Robyn Morrison

Somatic Experiencing® Informed Therapeutic Group for the Care and Treatment of Biopsychosocial Effects upon a Gender Diverse Identity  Paul C. Briggs, Michael Changaris

USING INTEROCEPTION AND PROPRIOCEPTION AS CORE ELEMENTS OF TRAUMA THERAPY

Effect of Somatic Experiencing Resiliency-Based Trauma Treatment Training on Quality of Life and Psychological Health as Potential Markers of Resilience in Treating Professionals  Neal E. Winblad, Michael Changaris, Phyllis K. Stein, John T. Milliken

Somatic Experiencing Treatment with Social Service Workers Following Hurricanes Katrina and Rita  M. Laurie Leitch, PhD Jan Vanslyke, PhD Marisa Allen, ABD

Group Psychotherapy Informed by the Principles of SE: Moving Beyond Trauma to Embodied Relationship  Peter J. Taylor Ph.D., SEP, CGP, FAGPA, & Roger Saint-Laurent Psy.D., SEP, CGP

Somatic Experiencing Treatment With Tsunami Survivors in Thailand: Broadening the Scope of Early Intervention  M. Laurie Leitch
Heart Rate in Trauma: Patterns Found in Somatic Experiencing and Trauma Resolution.

- Author(s): Whitehouse, Bob; Heller, Diane Poole

Toddler Trauma: Somatic Experiencing®. Attachment and the Neurophysiology of Dyadic Completion Joseph P. Riordan SEP, MAPS, Abi Blakeslee SEP, CMT, MFT, Ph.D., Peter A. Levine, Ph.D.

Group Psychotherapy Informed by the Principles of Somatic Experiencing: Moving Beyond Trauma to Embodied Relationship Peter J. Taylor, PH.D., SEP, CGP, FAGPA & Roger Saint-Laurent, PSY.D., SEP, CGP

Somatic Experiencing: In the Realms of Trauma and Dissociation—What We Can Do, When What We Do, Is Really Not Good Enough David Levit Ph.D., ABPP, SEP

Making Good Use of Combined Therapeutic Modalities: Discussion of "Somatic Experiencing" Katherine H. Leddick, Ph.D., BCN

Beyond the Psychosexual: The Body–Mind Relationship Discussion of "Somatic Experiencing" Riccardo Lombardi, M.D.

Ain’t Misbehavin: Discussion of “Somatic Experiencing” Graham Bass, APRN, L.P.

Continuing the Dialogue between Psychoanalysis and Somatic Experiencing: Reply to Bass, Leddick, Levine, Blakeslee, Sylvae, and Lombardi David Levit Ph.D., ABPP, SEP

A randomized controlled trial of brief Somatic Experiencing for chronic low back pain and comorbid post-traumatic stress disorder symptoms Tonny Elmose Andersen, Yael Lahav, Hanne Ellegaard & Claus Manniche
SOMATIC EXPERIENCING.

- Author(s): Carleton, Jacqueline A.; Gabay, Jaqlyn L.

Ray’s Story
30 MIN DOCUMENTARY OF PETER WORKING WITH A VETERAN WITH WAR TRAUMA

This video tells the compassionate story of the healing process of Ray, a marine who had been injured by two explosive devices, had his closest friend die in his arms, and was diagnosed with both severe PTSD and Traumatic Brain Injury. He was brought to see Dr. Levine after developing chronic pain, depression, Tourette-like convulsions, cognitive problems, and insomnia due to night terrors. In a series of documented Somatic Experiencing® sessions, including Ray’s family, Peter demonstrates the power of SE™ as a tool to heal the wounds of war.